Workshops & conferences:

- 1. National workshop on Cardiac Rehabilitation conducted on 12th and 13th April 2019 held by department of physiotherapy, SOAHS, MAHE, at Manipal hospital, old Airport road Bangalore.
- 2. Training Course & Assessment in Introduction to Cognitive Behavioural Therapy done on 31/10/2021
- 3. Workshop on Exercise prescription for obesity and sleep Apnoea done on 30/01/2021
- 4. Basic life support workshop done on 13th February 2021
- 5. Certified webinar on Lymphedema and its physiotherapy management on 13th march 2021
- 6. Continuing Professional Development Programme (CPD)- Frontiers of Scleroderma ILD conducted on 10th November 2019 at PD Hinduja Hospital & Medical Research Centre.
- 7. Certified Integrated Government online training for COVID warrior in April 2020.
- 8. Certified online course of "Mechanical Ventilation for COVID-19" on 2nd may 2020 held by Harvard Medical School.
- 9. Certified online webinar on COVID-19 ICU management, extended care and outcome measures on 7th and 9th December 2020, organised by ExRxIndia.
- 10. Certified online webinar on "Learning Program-ICU Management" on 7th November 2020, organised by ExRxIndia.
- 11. Certified Interactive online session on "Post COVID Adaptation" on 23rd may 2020 organised by national college of chest Physicians (NCCP-North Zone)
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- 12. Certified European Association of Preventive Cardiology (EAPC) webinar- "How to read Athletes ECG" on 19th may 2020.
- 13. Basic workshop in Research Methodology on 5th February 2019 to 7th February 2019.
- 14. Resident as Teacher-Basic Workshop in Education Methodology on 26th September 2019 and 27th September 2019.
- 15. CME on "JPGMCON 2019-Journey from Research to Publication" on 23rd march 2019.
- 16. Participated in workshop on "creating a publication-ready manuscript held on 17th

October 2018 at Seth GSMC and KEM hospital, Parel, Mumbai.

- 17. Certification of Good clinical practise training in September 2018.
- 18. Certificate course in orthopaedic manual therapy (COMT) in Aug 2018.
- 19. Cardio-pulmonary-cerebral-resuscitation (CPCR) workshop in 2016.
- 20. Workshop on application of clinical reasoning in musculoskeletal conditions in 2014